

# ONWARD 65 UPDATE

TOUCHING BASE!

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### Thought for the month!

January is the beginning of the new year and the moment that you set some goals, either new or a refresh. We all need this moment. Take yours!

### Onward...

Well 2024 has arrived and my focus is to breath and remember to enjoy being retired. Yes I am still volunteering but at a rate that I can enjoy this stage of my life and my family. I am sending some of my time at our local Legion and with seniors in our community. The main purpose of this little company is to foster preserving legacies and what better place than these two spots.

### Here is a story from my heart.

"Hey D, lets go fishing." "Ok Dad." I do not put the worm/lure on so ,, he did. Cast it in... I was at the back of the boat and all of a sudden my line and the boat go for a big downward movement. Caught something. "D, reel it in". Out flies the lure and up comes the loon, made as a hatter. The lure finds as soft Dad butt to get caught in. Oops, that was the end of fishing. Miss you Dad.

*Debra*